



Certificate of Good Standing to serve as a sponsor for:

ST. THERESE
– CATHOLIC CHURCH –

Name of Confirmation Candidate

I RECOGNIZE that a Confirmation sponsor has a special relationship to the person who is to be confirmed. A sponsor serves as a model of Christian living for the individual he/she is serving, as that person is renewed and strengthened by the power of the Holy Spirit.

WITH THAT UNDERSTANDING, I recognize that in order to serve as a sponsor, I must:
(please check)

- be a Catholic who has been baptized, confirmed, and has received the Eucharist, and who is currently living a sacramental life (e.g., attending Mass regularly, making use of the sacrament of Reconciliation) in accordance with the Precepts of the Catholic Church (see next page for a breakdown of the Precepts from the Catechism).
- not be married outside the Church, cohabitating, or in an otherwise irregular situation
- be at least sixteen years of age (preferably eighteen)
- lead a life of faith in harmony with the responsibility that I am undertaking
- not be a parent of the individual that will be confirmed

I HEREBY ACCEPT these responsibilities and testify that I fulfill the requirements to serve as a sponsor.

Signature of Sponsor

Date

I HEREBY STATE that

Name of Sponsor

is a registered member of

Name of Parish

and to my knowledge fulfills all the requirements to serve as a sponsor.

Signature of Pastor

Date

The Precepts of the Catholic Church

from the Catechism of the Catholic Church, paragraphs 2041-2043

1. *You shall attend Mass on Sundays and holy days of obligation and rest from servile labor.*
2. *You shall confess your sins at least once a year.*
3. *You shall receive the sacrament of the Eucharist at least during the Easter season.*
4. *You shall observe the days of fasting and abstinence established by the Church.*
5. *You shall help to provide for the needs of the Church.*

2041 The precepts of the Church are set in the context of a moral life bound to and nourished by liturgical life. The obligatory character of these positive laws decreed by the pastoral authorities is meant to guarantee to the faithful the very necessary minimum in the spirit of prayer and moral effort, in the growth in love of God and neighbor:

2042 The first precept ("*You shall attend Mass on Sundays and holy days of obligation and rest from servile labor*") requires the faithful to sanctify the day commemorating the Resurrection of the Lord as well as the principal liturgical feasts honoring the mysteries of the Lord, the Blessed Virgin Mary, and the saints; in the first place, by participating in the Eucharistic celebration, in which the Christian community is gathered, and by resting from those works and activities which could impede such a sanctification of these days.

The second precept ("*You shall confess your sins at least once a year*") ensures preparation for the Eucharist by the reception of the sacrament of reconciliation, which continues Baptism's work of conversion and forgiveness.

The third precept ("*You shall receive the sacrament of the Eucharist at least during the Easter season*") guarantees as a minimum the reception of the Lord's Body and Blood in connection with the Paschal feasts, the origin and center of the Christian liturgy.

2043 The fourth precept ("*You shall observe the days of fasting and abstinence established by the Church*") ensures the times of asceticism and penance which prepare us for the liturgical feasts and help us acquire mastery over our instincts and freedom of heart.

The fifth precept ("*You shall help to provide for the needs of the Church*") means that the faithful are obliged to assist with the material needs of the Church, each according to his own ability.

The faithful also have the duty of providing for the material needs of the Church, each according to his own abilities.